



Notes From the Pantry

Interfaith Food Pantry • 540a W. Hanover Ave., Morristown, NJ 07960
973-538-8049 • www.mcifp.org • interfaithfoodpantry@mcifp.org

Winter 2011

From the Executive Director

Dear Friends,

Lately there have been numerous articles about the rise in the stock market and the improved retail numbers this holiday season. While it is heartening to see that the economic situation has shown some improvement, the need is still great and with the unemployment situation, the number of people struggling to provide for their families is still extremely high.

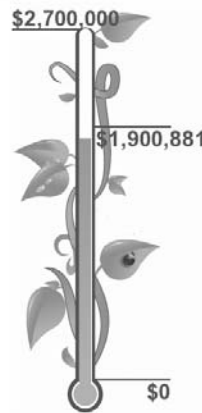
We saw a huge surge in our numbers in 2009 as those who lost their jobs reached out for help in closing the gap. After more than a year of unsuccessfully looking for work, this year many of those have exhausted all their savings and have had to turn to the Office of Temporary Assistance to apply for food stamps and medical care for their families causing the county office to see a record number of applicants.

Most people are unaware just how serious a problem this is in suburban communities like Morris County. As recently as 2000, more poor Americans were living in cities than in suburbs. But since then, according to a report released earlier this year by Elizabeth Kneebone, a researcher with the Brookings Institution's Metropolitan Policy Program, and her colleague, Emily Garr, the ranks of the suburban poor have grown by 37 percent — more than twice the rate that poverty increased in the nation's cities. As a result, although the poverty *rate* remains higher in cities, by last year 1.6 million more poor people were in suburbs than in cities.

Thanks to your generosity and caring we were able to provide assistance to more than 4,800 households in 2010, giving out over 727,000 pounds of food. Your support has made it possible for us to provide food, advice, referrals and hope to those in need. This holiday season, with a great deal of help from our friends, we were able to provide everyone who asked all the ingredients for a complete Thanksgiving dinner with enough

left over to meet the December holiday needs as well. It truly was a blessing to be able to reach out to so many people and your partnership made it possible.

As you can see by all the news inside, we have many projects underway. Thanks to a generous grant from Merck, our Healthy Choice program will continue for another year providing nutrition education to our clients. Katy Galton, our Nutrition Educator, has been busy preparing recipes for sampling to show everyone how delicious healthy cooking can be.



As most of you know, we have completely outgrown the basement of the old Morris View Nursing Home and have been forced to find a new location. Over the past 18 months we have been working hard on our Capital Campaign to raise the funds to build the new IFP Distribution Center and Warehouse on the property the Morris County Freeholders have provided in the Greystone Park Complex. Our campaign is well underway, and we have raised a little over \$1.9 million of our \$2.7 million campaign goal. The foundation is complete, and the walls are going up. The weather has delayed us a bit, but we expect the shell to be completed by

the end of June. If fundraising continues as planned, we hope to be in the new facility by late Fall. If you would like any information on this project, please feel free to contact me directly, or check out our website at www.mcifp.org.

Planning for our annual Spring Gala is in full swing. We are thrilled to have Edyta Sliwinska and Alec Mazo from the hit TV show *Dancing With the Stars* joining us thanks to sponsorship by The Walsh Company. We have amazing items donated for the auction including Yankee and Mets tickets, vacation packages, electronics and much, much more. All the proceeds from the Gala will go towards building our new facility, so I hope you will consider joining us.

In closing, I just want to send a special thank you to all those we could not thank in this newsletter. There are literally thousands of individuals, families, civic groups, houses of worship, businesses and foundations who partner with us to make all of this possible. You each mean a great deal to us and we hope you know just how much we appreciate all that you do. Together we are accomplishing something amazing — providing a welcoming safety net for our neighbors in need. Thanks and blessings to you all!

Warmly,

Rosemary

Current Needs

- ▶ Beans (kidney, pinto, baked, etc.)
- ▶ Canned fruit in water or juice
- ▶ Powdered milk or parmalat
- ▶ Peanut butter
- ▶ Tea (regular or decaf)

Kids Corner

Birthday Blessings

Alexander Padewski's 4th birthday was celebrated at Randolph Gymnastics. Along with the fun, food and singing of "Happy Birthday," family and friends honored his wish to have guests bring food and money to help the Interfaith Food Pantry. One of Alexander's birthday wishes was that other kids might enjoy healthy food and never go hungry. Guests brought in 102 pounds of food and \$265.

At **Sam Dempsey's** birthday party, \$260 was collected in lieu of gifts.

Madeleine and Julia Kelly of Montville collected 128 pounds of food and \$100 in lieu of gifts for their 8th birthdays. Mom Laura Ann is a partner at the law firm of Graham Curtin, one of our honorees at this year's Gala.



Madeleine and Julia Kelly with some of the food they collected.

Julia Rosetti of Randolph, whose family has supported the Pantry for many years, turned 13 and also collected food instead of gifts.

Triple-threat **Madeline Manahan** (below) not only donated food for her 10th birthday, but also brought in new school supplies and some new children's books for our clients. Much thanks to these generous kids!



Fall Food Drives

Many Morris County schools and scouts conduct food drives throughout the fall to meet the weekly needs of the Pantry's food distributions and for our Thanksgiving Basket Program. Thanks to the generosity of parents, teachers, staff and students, many of our clients were able to enjoy special holiday meals. Some of the schools and scouts that shared their bounty with the Interfaith Food Pantry are:

- ▶ **Academy Street School**, Dover: 1,365 lbs.
- ▶ **Allegro School**, Cedar Knolls: 463 lbs.
- ▶ **Assumption School**, Morristown: 1,250 lbs.
- ▶ **Bee Meadow School**, Whippany: 670 lbs.
- ▶ **Chatham Middle School**: 1,750 lbs.
- ▶ **Gill St. Bernard's**, Gladstone: 1,140 lbs.
- ▶ **Kent Place Primary School**, Summit: 472 lbs.
- ▶ **Lincoln Park Middle School**: 1,025 lbs.
- ▶ **Littleton School, Morris Plains**: 410 lbs.
- ▶ **Madison Junior School**: 755 lbs.
- ▶ **Sandshore School**, Budd Lake: 742 lbs.
- ▶ **Thomas Jefferson Elementary**, Morristown: 441 lbs.
- ▶ **Girl Scout Troop 248**, Chatham: 871 lbs.
- ▶ **Girl Scout Troop 2264**, Basking Ridge: 750 lbs.
- ▶ **Cub Scouts - Den 9**, Florham Park: 543 lbs.
- ▶ **Girl Scout Troop 1151**, Morris Plains: 931 lbs.
- ▶ **Girl Scout Troop 94379**, Denville: 675 lbs.
- ▶ **Girl Scout Troops 1864, 809 and 828**, Sussex Ave. School, Morristown: 800 lbs.

Special Recognition to
Mendham Township Middle School
for 4,378 pounds of food and to
St. Patrick School,
Chatham for 2,272 pounds of
produce donated for the
Thanksgiving holidays. Your
extraordinary efforts and
generous donations are much
appreciated!



The Peck School Youth Council organized a food drive that collected 1,321 pounds of food and 21 turkeys for the Interfaith Food Pantry.



Beautiful Bags

The artistic talents of **Girl Scout Troop 1075 of Chatham** were put to good use for the Pantry with the donation of 50 decorated canvas Bags of Hope—reusable grocery bags. During the troop's visit to the Pantry, the girls helped sort food and decorate the Pantry's Christmas tree.

Upcoming Events

*The Board of Trustees of the Interfaith Food Pantry, along with Gala Chairman Edward S. Walsh,
Invite you to join us for our 12th annual Spring Gala*

Fighting Hunger One Step at a Time

*Honoring **Mary Jo Buchanan**, Morris County Director of Human Services*

*and **Graham Curtin, P.A.***

Sponsored by



THE WALSH COMPANY LLC
Project Management & Development Services

and



STRUCTURETONE
Construction Managers/General Contractors

Featuring live performances by

Edyta Sliwinska and Alec Mazo from

“Dancing With The Stars”

Come join us Friday, March 25, 2011 from 6:30-11:00 p.m. at The Crystal Plaza, 305 West Northfield Ave., Livingston, NJ for a wonderful evening of cocktails, hors d'oeuvres, dinner, dancing and fabulous entertainment by the Stars! We will have silent and live auctions, cash and merchandise raffles and much more! Tickets are \$250. VIP tickets are available for \$500 and include a private cocktail hour and meet and greet with the Stars.

There are many ways to participate! We have corporate sponsorships available with terrific benefits, or you can advertise in the program as a tribute to one of our honorees or simply to promote your business. You can also contribute an item to the auction, or simply participate in our 50/50 drawing. Just \$5 buys a ticket for your chance to win up to \$12,500!

Fighting Hunger One Step at a Time

- I am interested in sponsorship opportunities; please contact me.
- I have a valuable item or service I'd like to contribute to the auction; please contact me.
- I'd like to attend the event as a supporter. Enclosed is payment for _____ tickets at \$250 each.
- I'd like to attend the event and the VIP cocktail reception to meet and greet the stars.
Enclosed is payment for ____ tickets at \$500 each.
- I'd like to purchase a tribute for an honoree or advertise my business in the evening's program. *
 - ¼ page \$100 ½ page \$250 full page \$500

Name _____ Company _____

Address _____

E-mail _____ Phone _____

- Enclosed is my check payable to Interfaith Food Pantry
- Please charge my Visa or MasterCard No. _____

Expiration date _____ Signature _____

Please mail to: Interfaith Food Pantry, 540a W. Hanover Ave., Morristown, NJ 07960

* Please email your .bmp, .jpg, .eps or .tif file to Victor Cataldo at victorcataldo@mcifp.org or enclose your camera-ready art with this form by March 5. Need assistance creating the ad or tribute? Victor can help. Email him or call him at 973-538-8049, ext. 17.

Giving Thanks for Thanksgiving Help

We are amazed at what we were able to accomplish together over the holidays this year. With all of your support, we collected and distributed more than 1,100 birds and baskets for Thanksgiving, plus another 563 turkeys and hams for the December holidays!

While it would be impossible to name everyone who contributed in this newsletter, we would like to recognize some of you who really made an impact on our families this year.

Much thanks to the numerous sports teams who held food drives, notably the **NJ Surge Roller Hockey** team of Morristown, the **High Life Ski Club** of Rockaway, the **Morris United Soccer Club** of Morristown, the **Pinch Brook Ladies Golf League** and **Rettigs Gymnastics**.

Our wonderful friends at **Employment Horizons** held their annual drive, collecting 417 pounds of food, and **ARC** donated 408 pounds.

Thanks also to the **Randolph Township Parks Commission**, the **Collinsville Fire Department**, the **Morris County Retired Educators Association**, and the enthusiasts of the **MG Car Club** and **North Jersey Street Rod Association**. **NJSRA** teamed up with the **A&P of Mount Olive** to collect funds and purchase 2,300 pounds of roll mix, gravy and last-minute items we needed to complete our holiday baskets!

We don't know where we would be without the many houses of worship that play a pivotal role in making sure the needs of our community are met. Some of these include the **Morristown Unitarian Fellowship**; the **Mt. Freedom Hebrew Congregation**; the **Presbyterian Churches of Mendham, Madison, Morristown, Chatham** and the **Hanovers**; **St. Virgil's**; **Assumption**; **Church of Christ the King**; and **Notre Dame of Mt. Carmel Church**, which donated 134 turkeys and 3,500 pounds of food!

Our friends in the business community made a huge difference as well. **Novartis** held its annual food drive, collected gift cards and did volunteer work at IFP. Food drives were also held by **Bausch & Lomb**, **Realogy**, **ADP**, **CIT Group**, **Daiichi Sankyo**, **BASF**, **Weight Watchers**, **NJ Natural Gas** and **Verizon Wireless**, to name a few. **Maersk** made a significant financial



Wrestling rivals Randolph and Roxbury proved to be heavyweights in their third annual "Take Down Hunger" match, collecting 1,000 pounds of food. Roxbury took the honors this year, winning 40-23, and delivered the food to the Pantry.

contribution, and **Turkeys 4 U/Montville UNICO** donated 317 birds! None of this would have been possible without **Seabox**, who donated the freezer container, and **Mike's Towing and Recovery**, who delivered it to us!

Special thanks to **St. Margaret's Church**, which hosts our largest distribution session the Tuesday before Thanksgiving. Thanks also to the numerous volunteers that helped including **Ken Kramer**, **Bart Oates**, **Joe Occhiogrosso** and their turkey brigade; the **Clarkin** and **Tecza families**; the **Woodhours**, **Hanlys**, **Suprons** and all the other individuals and families who worked our distribution shifts.

Aside from all the food that helped so many people, many of our clients' holidays were made even brighter when they received special Thanksgiving baskets from our friends at **Johnson & Johnson**. In addition, the "angels" at **MJM Signature Group**, **One Call Medical**, **Tiffany and Company**, **Liquid Church**, **NJ Natural Gas**, **Madison United Methodist Church**, and **Rutgers Against Hunger**, as well as many individuals and families, provided holiday gifts to those less fortunate.

Just one of the many messages we received from gift recipients...

"My children and I just left a chaotic life of domestic abuse. This was our first Christmas alone with barely enough food... Christmas looked very bleak. Then a miracle phone call came from Victor from the Interfaith Food Pantry. He explained that he had registered us for a program at Rutgers and asked if we needed bedding, towels, or pots and pans for our new home.

There are no words to express the gratitude I felt as a mother for what you provided for my family when I was not able to. You keep them warm each day and fill our bellies with food."



Volunteer Bob Johnson and Scott Lawton, IFP Food and Facilities Manager, unload donated holiday gifts from our "Angels."

In the Spotlight

Assemblyman Anthony Bucco Jr. issued a challenge to the high schools in his district—compete to see which school could collect the most food for the Pantry by Election Day. Congratulations to the students at his very own alma mater, **Boonton High School**, for collecting 1,670 pounds! Students from the Career Class, who organized the BHS effort, won a trip to Trenton to sit in on the legislative process and lunch with the Assemblyman.

Altogether, eight high schools participated, collecting nearly 4,500 pounds of food! The other participants were **Morris Hills**: 980 pounds, **Roxbury**: 672, **Morristown**: 455, **Jefferson**: 221, **Morris County School of Technology**: 195, **Morris Knolls**: 110, and **Mountain Lakes**: 77.



Assemblyman Anthony Bucco and Boonton High School Career Class students with some of the food they collected.

Our fourth annual Turkey Trot, held Thanksgiving morning at Ginty Field in Morris Township, attracted a record 2,200 runners and raised \$40,000 for the Pantry and the Literacy Volunteers of Morris County. It was sponsored by the **Sweetie Pig Foundation**, whose simple mission is to spread joy and happiness throughout the world. Underwriters included **Care Environmental Remediation, Refined Sight, North Jersey Development Group, Huntington Learning Center, Atlantic Cardiology Group, Ayers Chevrolet, Chrysalis Pharma Partners, Don Fink's Iron Fit Training, Kraft Foods, T&E Industries, North Jersey Orthopedic Institute, Whole Foods and Customized Distribution Services.**



2,200 runners came out for our fourth annual Turkey Trot!

A big heartfelt thanks to our friends in the Law Department of **Honeywell**. Each year, they work tirelessly to conduct their holiday raffle to benefit the Pantry and Family Intervention Services. Thanks to **Tammy Vasquez, Jeanne Wetenhall, Jenee Perz, Carla Legula, Lura Orella and Marilyn Rand** for spearheading this effort, and to the very generous employees. They raised more than \$20,000 for the two agencies!

Gary's Wine & Marketplace donated \$10,000 of the proceeds from their annual Grand Tasting Event to our capital campaign. In addition to the donation received from the event, Gary's employees collected food and funds at their store in Madison to benefit the Pantry.

Despite the horrible weather, our annual Golf Outing at the Mount Tabor Country Club was a huge success! Our thanks to **Drew Britcher** and the Club's Board, who once again donated the course for the day, and to Pro **Glenn Holterman**. We also owe much thanks to our sponsors: **The Dittmar Agency, Oratory Prep School, The Walsh Company, Refined Sight, Fairleigh Dickinson University, Ronnie's All American BBQ** and **Verde Ristorante.**

The **Junior League of Morristown** began its once-a-month visits to the Food Pantry on Saturday mornings with amazing workshops that are helping our kids learn about health and wellness. We kicked off the workshops in September where kids were able to play food pyramid and beanbag games, make a healthy pizza, view a demonstration of how much sugar is in soda and learn to make a "healthy soda" alternative. The kids also received goody bags. In October the participants had fun learning about exercise and ways to keep active. November's workshop focused on a positive body image, while December's featured a guest speaker who talked about bullying. While the workshops were originally focused on clients, we found them to be so educational and interesting we started signing up Scout troops and children from other agencies. If you are interested, contact Victor at 973-538-8049, ext. 17.



Children learned about the food pyramid at the September Junior League workshop.

Healthy Choices

Merck NJ Neighbor of Choice Grant to Support Healthy Choices Program

We extend a huge thank you to **Merck** for selecting the Interfaith Food Pantry to receive a grant through its **Merck NJ Neighbor of Choice Program**. The \$50,000 grant will support our Healthy Choices program for 2011.

Healthy Choices focuses on helping Interfaith Food Pantry clients understand the important relationship between a nutritious diet and their overall health, and empowers them to be able to make informed choices for their families.

Nutrition education for our clients is provided in a variety of ways and is coordi-

nated with the on-site community nurse's health screening for hypertension, diabetes and cholesterol. Clients receive information on the relationship between diet and good health, and practical tips on how to incorporate healthy habits in their lifestyle. Every month new recipes are provided that include the items the Pantry distributes and healthful ways to prepare them.

Efforts are also made to increase the amount of nutrient-dense foods offered to Food Pantry clients, especially fresh fruits and vegetables, low-fat dairy products and whole grains. We encourage our donors to

make healthy food choices when shopping on our behalf.

As in the general population, our clients face health issues such as diabetes, osteoporosis, heart disease and weight control. Selecting canned vegetables with no salt added, low-sodium or no-salt-added tomatoes, low-sodium soups, 100 percent fruit juice, fruit that is packed in juice, whole grain pasta, brown rice and whole grain cereals provides healthy options for our clients.

Looking Forward to a Bountiful Spring

As we think about spring, one of the joys is the availability of local fresh produce to enjoy again. Last year we received donations from local gardeners, community gardeners and local farms. Throughout the growing season we were able to offer our clients more than 16,000 pounds of donated fresh produce. The produce gave our clients the opportunity to enjoy the benefits of eating fresh fruits and vegetables, a welcome addition to the canned items they receive. Our clients enjoyed choosing familiar vegetables and also learning about and trying some that were new to them.

How You Can Help

► If you are already poring through your seed catalogues planning your garden,

consider planting an extra row or two for the Pantry.

► If you are part of a community garden or know someone who is, talk to the other gardeners about donating a portion to the Pantry.

► Consider starting a neighborhood garden for the Pantry.

► If you know someone who farms, tell them about the Food Pantry and ask if they would like to donate excess produce.

► If you love gardening and fresh produce and would like to help sort and bag it for our clients, or would like to help with gardening projects at the Pantry, contact Katy at katygalton@mcifp.org, or call 973-538-8049, ext. 16.



Sophia Lozano LOVES Katy's Bacon and Corn Chowder Soup.

Volunteer News

Welcome

- **Bill Bishop** – home delivery
- **Julie Buecher** – home delivery
- **Mark Burn** – home delivery
- **Logan Erickson** – distribution
- **Caren Farjardo** – distribution
- **Gail Gentile** – distribution
- **Peggy Hourihan** – home delivery
- **Elizabeth Jones** – distribution
- **Gabor Kiss** – distribution
- **Marie Logan** – office
- **Laurie Leahy** – newsletter
- **Robert Martin** – distribution
- **Catherine Mitchell** – distribution
- **Colleen McCarthy** – distribution
- **Adiela Orsoria** – distribution
- **Eric Pearlman** – distribution
- **Catherine Poli** – distribution
- **Heidi Schwab** – home delivery
- **Remy Schwab** – home delivery
- **Gloria Segarra** – home delivery
- **Lynn Seymour** – youth tours
- **Christina Stamler** – home delivery
- **Eileen Tecza** – distribution
- **Laura Venanzi** – nutrition

■
A fond farewell to **Janice Blinder, Betty Coogan, Terry Smonig and Bev Swayne**. Thank you for all you have done.

Volunteer News

Honors Served at Annual Food Pantry Potluck Dinner

We had a blast dishing out recognitions at this year's annual Pot-Luck Volunteer Dinner, which was held on October 16 at **Trinity Lutheran Church** in Morris Plains. Sponsored by our friends at **One Call Medical**, forty-five volunteers were recognized for achieving milestones ranging from 100 hours to 2,500 hours of service! **Don Macgowan**, who has been distributing food since we were in the base-

ment of the First Baptist Church in Morristown, received the Exceptional Service Award for donating 2,500 hours, the equivalent of \$47,000 worth of his time, to helping his neighbors in need! We also presented awards to **Donna Rosenthal** and **Ann Cade** who earned 2,000- and 1,000-hour awards, respectively.

The Golden Apple Award was presented to **Celeste Stracco**. This award is reserved for the volunteer who goes above and beyond the call of duty. Celeste is an incredible ambassador for the Food Pantry. In addition to her regular shift as an assistant shopper on Wednesday mornings and youth tour guide on Tuesdays and Thursdays, she also does home delivery, serves on our volunteer advisory board, serves on the Spring Gala committee and is chairing our 50/50 raffle. She also does speaking engagements on behalf of the pantry, and, along with her husband **Gene**, was responsible for our partnership with the **Randolph Kiwanis Annual Morristown Craft Market**.

In addition to the individual Golden Apple recipient, we also honor one group who likewise goes above and beyond in its



Elaine Vincent (right) accepts the Golden Apple Award for JCP&L from Carolyn Lake, Assist. Director of IFP.

support of the program. **JCP&L** of Morristown was this year's honoree. In addition to its annual Harvest for Hunger program, which has raised thousands of dollars and thousands of pounds of food through employee contributions, the company has volunteered with us on numerous occasions, helping to sort food and restock our Speedwell distribution center and making in-kind donations of computers. Most recently, **Elaine Vincent, JCP&L Community Involvement Director**, joined our corporate advisory committee.



Celeste Stracco (right) displays the Golden Apple Award she received from Diana Garcia, IFP Distribution Manager.

Corporate Volunteers

We could not have made it through the holiday season if not for the many corporate groups who came out to help us get ready. Our thanks to **Novartis** who helped us clear the holiday room, and to **NYLIM** who made their annual visit to check inventory and pack for the very first shift of recipients. They were followed by visits from **Staples, Pfizer, Hanover Marriott,**

PricewaterhouseCoopers, Burns & McDonnell, Johnson & Johnson and **Unilever**. Helping us finish the job were our friends at **Graham Curtin, P.A.** who came in and packed all the produce, and **The Walsh Company** who muscled all the food needed for the big day from the warehouse to St. Margaret's Church.

If your company is interested in volunteering, contact Doug at dougmcMahon@mcifp.org, or call 973-538-8049 ext. 18.



Paul Zалenty, Rachel Carter Cushing, Rosemary Beneduci, Brian Piccolo, Kent Schwartz and Tom Curtin of Graham Curtin bagged more than 2,000 pounds of produce during their November visit!



Barbara Nemchek, Cesar A. Parra, Kevin Warrender, Emanuele Incorvaia, and Chris Quinn of Burns & McDonnell help unpack and sort food donations.

Board of Trustees

Meets 7 p.m. on third Wednesday of the month

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Wendy Potkay, secretary

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Bruce Galton

Mike Hanly

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Greg Supron

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Doug McMahon, volunteer coordinator

Scott Lawton, food
and facilities manager

Diana Garcia, distribution manager

Liliana Henao, client services manager

Dana Haddorff, office manager

Katy Galton, nutrition educator

Victor Cataldo, operations assistant

Tony Aviles, warehouse assistant

Lenora Caamano, office assistant

Hours

Food Drop-off, Tours & Visitors - Warehouse

540a W. Hanover Ave., Morristown
Monday - Thursday 9:30 a.m. - 4:30 p.m.

Food Distribution - Pantry

190 Speedwell Ave., Morristown
Tuesday 9:30 a.m. - 12 p.m.
Wednesday 9:30 a.m. - 12 p.m.
Thursday 9:30 a.m. - 12 p.m. & 1 - 3 p.m.

Food Distribution - Warehouse

540a W. Hanover Ave., Morristown
First four Tuesdays of each month 6 - 8 p.m.
First four Wednesdays 6 - 8 p.m.
First four Saturdays 10 a.m. - 12 p.m.

Calendar

Friday, March 25

12th Annual Spring Gala

April 10-16

National Volunteer Appreciation Week

Saturday, May 14

Letter Carriers Food Drive

Newsletter editors:

Laurie Leahy and Pat Rojek

Statistics

2010

727,133

pounds of food distributed

4,839

households served

11,573

people fed

408

families served a week, on average

14,000

pounds of food distributed a week

Client ethnicity

Hispanic/Latino 46%

Caucasian 37%

African-American 13%

Other..... 4%

Age

18 and under 38%

60 and over 11%

Our mission

- ▶ Distribute supplemental and/or emergency non-perishable food to eligible Morris County residents in need.
- ▶ Provide hands-on opportunities for neighbors to help neighbors.
- ▶ Educate the public about the issues of hunger in our area.

*If you are holding a
food drive, please let
us know in advance so
we can be prepared.
Thanks to all!*



Return Service Requested

Morristown, NJ 07960

540a W. Hanover Ave.

Interfaith Food Pantry