



# Notes From the Pantry

Interfaith Food Pantry • 540a W. Hanover Ave., Morristown, NJ 07960  
973-538-8049 • www.mcifp.org • interfaithfoodpantry@mcifp.org

Summer 2010

## From the Executive Director

Dear Friends,

Well it is official! The final leases have been signed and site work is underway at the future home of the Interfaith Food Pantry. For those of you who are new to IFP, a quick update. Having outgrown our current facility to the point where we could no longer comply with fire code requirements, our Board of Trustees approved a plan to relocate to a larger facility.

After a long unsuccessful search for appropriate space to purchase or lease, the Morris County Freeholders came up with a wonderful option. They offered to lease us land where we could build a permanent IFP distribution center and warehouse close to our current location, in Greystone Park. The best part was the price: \$1 a year for the next 50 years! Since this space is adjacent to the new non-profit center that the county is developing and next door to a number of local agencies we work with, it was the perfect solution.

In 2008 the IFP Board voted to accept the offer and undertake our first Capital Campaign to raise the \$2.7 million dollars necessary to build the new facility. 16 months later we have raised almost \$1.6 million and are well on our way! The community response has been incredible and we have made many friends who are partnering with us in this new venture.

One of our great partnerships is with the Rotary Clubs of Morris County. For many years a few of the local clubs have been actively involved in our work, running food drives, volunteering and providing operating support. When they found out about our new project, members started looking for ways they could help.

The outcome of this was the formation of a committee, that now includes representatives from 15 different clubs. They all felt that local hunger was an important issue, and the clubs involved voted to help raise the funds necessary to outfit our new teaching kitchen, pledging to donate \$75,000 over three years.

The group meets every month and works on fundraisers such as a canister collection program, selling 50/50 raffle tickets and this September, as explained later in the newsletter, they are running a family fun day in Florham Park with a portion of the proceeds going towards the campaign.

Individual members have also helped from recommending our project to investment clients, (which led to a \$150,000 grant from a family foundation), to steering in-kind donations our way. This truly has been a community effort and working with all these clubs has helped us spread the word about IFP and the impact food insecurity has on many of our neighbors.

We still need lots of help and would love to speak with anyone who would like to work with us. Capital Campaign packets are available upon request. Our groundbreaking ceremony is set for September 22 at 1:00 PM. We are so excited. If you would like to join us please call Dana at 973-538-8049 ext. 10 and she will be happy to send you an invitation.

Once again, the summer has flown by. A special thank you to all of you who have helped us keep food on the shelves. Since so much of our food comes from school and scout drives, the summer and early fall are especially difficult when the demand far exceeds the supply. We are very grateful to everyone who ran food drives and sent donations so we could purchase what we needed.

As the summer ends, we are already planning for back to school, Thanksgiving and winter needs. We are collecting back packs and school supplies and would greatly appreciate any items that come our way. With so many people losing jobs there are more people than ever asking for assistance getting their children ready for school.

As the weather begins to get colder we will once again be collecting new and gently used gloves, hats, snow boots and scarves. And finally, it's never too early to begin planning for Turkey time! Once

again we will be providing basket for more than 1,000 of our neighbors and need your help. All the details can be found inside.

We wish you all a great end to your summer and look forward to working together again this year.

### Current Food Needs

Food supplies are extremely low after the long summer. We need everything, especially:

- ▶ Baby diapers sizes 3-6 and wipes
- ▶ Soup especially hearty varieties
- ▶ Baby food stage 1 (fruit) & 3
- ▶ Beans (black, kidney, baked, chickpeas, pinto, etc.)
- ▶ Parmalat and powdered milk
- ▶ Pasta
- ▶ Side dishes and breakfast cereal
- ▶ Tea (100 count boxes)
- ▶ Low sodium/low sugar items

### Double Up!

Does your company match donations? It pays to ask. We currently get matches from many companies including Merck, Wachovia, Chubb, Goldman Sachs, Kraft, CITRIX, Bristol Meyers Squibb, Abbott Labs, Ace, ADP, AIG, Axa, Bank of NY, BD, Bollinger Insurance, Charles Schwab, Prudential, NYLIM, Macy's, Horizon, Moody's, Daiichi Sankyo, Deutsche Bank, ExxonMobil, FM Global, Geraldine R. Dodge, GlaxoSmithKline, Glenmede, Johnson and Johnson, JP Morgan Chase, Medco Health Solutions, Merrill Lynch, Motorola, NECA, Reckitt Benckiser, Sanofi Aventis, Scientific Design, Solix, Verizon and Pfizer.

Hundreds of companies have programs to match their employee donations. This is super way to double your gift!

# Kids Corner

## We Like to Party!



**Georgia Wood** and **Jack Zimmerman** of Randolph had a fifth grade graduation party and in lieu of gifts collected 197 pounds of food for the Pantry. These enterprising students also raised \$22 with a lemonade stand. Thanks Georgia and Jack!



**Sara and Daniela Rosen** of Booton celebrated their 15th birthdays in June, and those aren't clothes in that Abercrombie bag—they collected 119 pounds of food for the Pantry instead. They are catching up to **Becky Sheldon** of Morris Plains who celebrated her sweet 16 at the Hanover Marriott. She collected 176 pounds of food and \$250 in donations. **Seth Appel** of Randolph celebrated his Bar Mitzvah with a 101 pound donation to IFP. Not to be outdone by the big kids were **Isabella Benson** of Randolph, who collected 60 pounds of food for her birthday; **Jessica and Gemma Thorne** of Chatham, who collected 65 pounds; and **Isabella Cagiannos** of Madison, who collected \$280. Thank you all for your generosity!

## School Support

**Ed Franko**, the principal at **Hanover Park High School**, spent the day in his office last June when students brought in enough cereal to blanket his office door and completely box him in! Many thanks to the generous students and of course to Mr. Franko, who has been such a great sport by encouraging this behavior for many years. We wish him well in his retirement.

School's out for summer, but the following schools and classes went out with a bang by making generous food donations to the Pantry: **Unity Charter School** in Morristown, 401 pounds; **Edith Decker School** of Mt. Arlington, 280 pounds; **Morris Knolls High School** in Rockaway, 170 pounds; **Mrs. Galton's first grade class** from **St. Vincent the Martyr School** in Chatham, 150 pounds; and **Ms. Sherwin's fourth graders** from **Hilltop School in Mendham**, 66 pounds. Thanks to all these students and the teachers who supported them.



Principal **Phyllis Alpaugh** and her students at **Lincoln Elementary School** participated in the first east coast program of the *ImpactLives* Hunger challenge. With the help of parent volunteers, the students packaged, weighed, sealed, and counted 1650 pounds of nutritious meals for IFP. The food was donated by *ImpactLives*, a charity organization based out of Maple Grove, Minnesota. Additional funding for the project was provided by **Mr. Pat McDonald**, a parent volunteer who secured donations through a Super Bowl charity pool. Here with a box of packaged goods are **Cristina Coiro, Mansi Shah, Jimmy Curry, Frankie Mastras** and **Angelo Macera**.

## Scouts Lend a Hand

**Cub Scout Pack 50** in Randolph collected a whopping 1,215 pounds of food during their annual neighborhood drive in April. Here's **Joey Celentano** with some of the loot. **Dominick Vernazza** of **Chatham Troop 8** did his own food drive outside Kings in June, collecting 492 pounds of food and \$80. The **Hanover Township Cub Scouts** had their hands full in June when the troop themselves contributed 245 pounds of food and much needed diapers. **Troop 112** of Morristown got in on the action with 970 pounds food. Thanks, Scouts, for helping replenish our shelves for the summer!



## Rivals with a Cause

May 22, 2010 is a day that will live in Morristown infamy as teams from cross-town rival baseball little leagues, the **Morristown Americans** and **Morristown Nationals**, clashed on the field at Burnham Park for the first time in years. Divided by Route 202 for decades, the adversaries have a history of local, friendly competition. Led by our good friend **Ed Thornton**, the leagues decided to celebrate the day by bringing food for their neighbors-in-need and donated more than 400 pounds to the Pantry!

# Upcoming Events

## Calling All Turkeys: We Need You!!



Please help us provide holiday food baskets for our Morris County neighbors in need. Last year we distributed more than 1,000 turkeys with all the trimmings. With your help, this year we can continue to provide a wonderful holiday for all.

You can help by donating turkeys, canned hams, stuffing, instant or fresh potatoes, gravy, roll and cake mix, icing, pie crusts, juice, yams, flour, sugar, Parmalat, powdered and evaporated milk, soup, vegetables, nuts, coffee and tea.

Holiday basket distribution starts Nov. 6, so we need food contributions early to allow time to pack. Monetary donations are especially helpful to enable us to purchase turkeys, fruit, vegetables, and other last-minute items.

Drop-off hours are 9:30 a.m. to 5 p.m. Monday through Thursday, and by appointment on Friday. We will be open until 8 p.m. Tuesday and Wednesday evenings Nov. 2, 3, 9, 10, 16 and 17.

For more information, or to pledge donations, call 973-538-8049 or e-mail us at [interfaithfoodpantry@mcifp.org](mailto:interfaithfoodpantry@mcifp.org). *Please let us know in advance if you are going to hold a food drive!*

**Morris County agencies: If you have clients who will need baskets, please call us as soon as possible so we can plan accordingly.**

## Tee Time!

Please join us on **Monday, September 27** at the beautiful Mount Tabor Country Club for our **fifth annual golf outing**. The cost is \$150 per person and includes golf, lunch, cocktail reception, and prizes—a bargain you can't beat with a nine iron! We also have a number of sponsorship opportunities, starting at just \$200, to promote your business. Contact Carolyn at ext. 11 for details.



## Fall Fest

Come out and say hello on **Sunday, October 3** at **Morristown's Fall Festival on the Green**. The event features many local businesses and organizations and attracts about 40,000 people. For hours and information, visit [Morristown-nj.org](http://Morristown-nj.org).

## Spring Gala—Save the Date!

Our **12<sup>th</sup> Annual Spring Gala** will be held on **Friday, March 25** at the Crystal Plaza in Livingston, NJ. Join us for fabulous food and drinks, entertainment, auctions of much-desired merchandise and services, and more!



PRESENTS

4th Annual Morris Township  
THANKSGIVING DAY 5K



Our fourth annual Turkey Trot will take place bright and early on Thanksgiving Day at Ginty Field on Woodland Avenue in Morris Township. As the 1,800 people who participated last year found out, this is a great way to help others and burn calories. The morning features a 5K run, one-mile fun run/walk, kids trot, awards, T-shirts, food, music, and giveaways.

The entry fee is \$22 (\$20 for USATF-NJ members) prior to Nov. 20, and \$25 after. The kids trot is \$10. Proceeds will be split between the Interfaith Food Pantry and the Literacy Volunteers of Morris County.

You can register at [practicehard.com](http://practicehard.com) or at [mcifp.org](http://mcifp.org). You can also print out an application, or call 973-538-8049 to have one sent to you. We also need volunteers (see page 7) and sponsors (details at [www.mcifp.org](http://www.mcifp.org)). The money raised at this event is critical to keeping the shelves stocked throughout the winter. If you want to help us raise even more funds, ask your friends to sponsor you. Information on this is also available on our website. Register early, and join us for a good time!

## Rotary Family Fun Day



The **Rotary Clubs of Madison and Florham Park** are sponsoring four days of fabulous family fun from **September 9-12** on the property adjacent to the Atlantic Health Jets Training center on Park Avenue in Florham Park. The Family Fun days feature a full carnival with rides and games, entertainment and demonstrations, dog and car shows, food and beverages, and much more! Since IFP is receiving a portion of the proceeds from this event, we are helping staff the hamburger and hot dog stands, and we need your help. Visit our website or contact Victor at extension 17 for details.

In addition, the Rotaries are continuing to sell 50/50 tickets for the grand drawing on **Friday, October 15**. They are available at the warehouse here at 540a West Hanover Ave., Morristown. This is a limited **50/50 raffle** with only 400 tickets being sold at \$100 each. Get 'em while they last! Contact Carolyn at extension 11 for details.

# In the Spotlight

## Notre Dame Delivers

The **Church of Notre Dame of Mt. Carmel**, located on Ridgedale Avenue in Cedar Knolls, is one of our founding parishes. In 1994, members **Marilyn Diprimo**, **Jill Andolaro**, and **Liz Sorrano** reached out to the members of Assumption Church, St. Margaret's of Scotland, and the First Baptist Church in Morristown to find a way to serve the community at large. That year, they established the Interfaith Food Pantry and set up shop at the First Baptist Church on Washington Street.

It was their passion, and the leadership of **Rev. Jude Salus**, an early Board member of the Interfaith Food Pantry, which fueled the growth of our organization for the next 16 years. What this amazing parish has done for the community during these years is incredible!

In 2009 alone, the members of Notre Dame donated over **25,000 pounds of food** – and that doesn't even include the 151 turkeys and 78 hams donated during the holidays! The IFP volunteers from the parish, not including those who have transported the donated food on Sundays, have amassed a collective 3,500 hours to support our program. These numbers don't even reflect what church members have done as individuals and families, which is immeasurable.

We thank Fr. Jude and all the members of this wonderful congregation for their continued prayers, support, and tireless work in advocating for those less fortunate and educating the public about hunger in our neighborhoods.



**Patty Little McGlynn, Kathleen McGlynn, Eddie McGlynn, Bob Steiger, and Ryan Hall from Notre Dame of Mt. Carmel Church.**

## Concert of Caring

**Skip Yingling** and **The Wright Stuff** held a wonderful benefit concert at the **Presbyterian Church of Morris Plains** on Friday, June 18. They collected 210 pounds of food and \$512 from fans who were treated to fabulous cover performances of the Beatles, Billy Joel, Coldplay, and more! Our best wishes go out to **Andrew, Beth, and Craig Wright**, as they head off to college.

## Harvest for Hunger

The employees of the Morristown business units of **JCP&L**, the local arm of Akron, Ohio-based First Energy Company, contributed a whopping \$5,690 and 160 lbs. of food during their "Harvest for Hunger" campaign. The energy company conducts this national campaign each year to prevent hunger in the communities in which they operate. They generate donations by holding bake sales and book fairs, selling lunches, and soliciting contributions from employees.



**Assemblyman Anthony M. Bucco, (NJ-25); Rosemary Gilmartin, Interfaith Food Pantry Executive Director; Brenda Beauford, JCP&L; Elaine Vincent, JCP&L Community Involvement Director; and John Anderson, JCP&L Area Manager.**

## Bread Winners

Our friends at the **Pepperidge Farm** depot in Wharton have kept us rolling in the dough! For several years now, we have been a weekly recipient of wholesome bread and delicious snack donations. Our heartfelt thanks go out to **Tony Randall, Mike DelVecchio** and **Julio Borelly**.



**Julio Borelly, Depot Manager for Pepperidge Farm, with Tony Avilles, IFP warehouse assistant.**

## Happy Birthday

**Ellen Tyroler** of Randolph recently celebrated her 80th birthday. Knowing how much she cares about the community, her friends and family donated \$355 and 73 lbs. of food to IFP.

When asked what she would like for her birthday, **Evelyn Hammaren** replied emphatically, "I have four beautiful and successful children, three awesome daughters-in-law, wonderful grandchildren, and countless friends. What more could I want? How about an end to world hunger?" So everyone who came to her party brought groceries, and she collected 213 pounds of food for the Pantry!

# In the Spotlight

## Thanks a Ton!

The members of the **Pi Theta Omega chapter of the Alpha Kappa Alpha sorority** know how to set the bar high and achieve their goals. Last year this chapter of the oldest Greek-letter organization of college-educated African American women set out to collect a ton of food for us, and surpassed their objective by collecting over 2400 pounds! So far this year, they have collected over 1,800 pounds of food to help end hunger in our community.



**Lorraine McCullen and Sara Harris** from of the **Pi Theta Omega sorority**.

## Kings & Foodtown Check Out Hunger

The Kings Supermarkets of Morris County and the Super Foodtowns of Lake Hiawatha and Cedar Knolls raised \$11,595 during this year's "Pantry Apple" program, in which paper apples were sold at their checkout registers. **Bernadette Suarez** of Kings in Morristown singlehandedly sold \$1,226! For her amazing efforts, she was awarded an I-touch® donated by **MaryAnn Klejmont**, who has been responsible for spearheading Kings efforts since the program's inception. Thanks to everyone in all seven stores who worked so hard to make this a big success.

## Morris Chamber Celebrates Grand Opening with Food Drive

The Morris County Chamber of Commerce celebrated the grand opening of their new office on Columbia Turnpike in Florham Park with a food drive. Food collected from Chamber members was shared with our friends at the Community Soup Kitchen. Member **Marc K. Mackin** presented a \$1,000 donation from his company, Lapp Holding NA.



**Paul Boudreau, President of the Morris County Chamber of Commerce; Rosemary Gilmartin, Executive Director of IFP; Marc Mackin, President of Lapp Holding NA; and Angela Kubinsky, Executive V.P. of the Chamber.**

## Helpful Hands

The fabulous Mr. Z (aka **Clyde Zuckswert**) has been entertaining and collecting food from the residents of the **Rexford Tucker Apartments** in Madison on a regular basis. The generous residents have donated nearly 1,000 pounds of food! Other neighbors helping neighbors include the **Ballantrae Greens Condo Association** in Florham Park, who collectively gave over \$1,000 in donations.

**Judith Sacks Bliss** and several of our friends at **Temple B'nai Or** of Morristown braved the sun and heat for five hours while collecting donations at Kings in Morristown and Acme in Morris Plains. They delivered over 1,200 pounds of food and \$355!

Thanks also to **Ann Caso** and our new friends at **New Beginnings Baptist Church** of Rockaway. Their food drive netted 1,800 pounds of food and \$120!

The **Morris County Alliance for Tourism** sponsored a food drive in June and collected at various points of interest including the **Stickley Museum, The Community Children's Museum, and the Macculloch Hall** museum. Thanks to the volunteers, employees, and all who donated, over 600 pounds of food was collected!



**Karen Hollywood, Betty Wyka, Mark Texal, Bonnie Lynn Nadzeika and Jody Marcus of the Morris County Historical Society.**

With summer fast approaching, many civic organizations got in their last-minute food collections before vacation. The **Knights of Columbus from Our Lady of Mercy** in Whippany, the **Randolph MOMs Club**, the **Kiwanis Club of the Hanovers**, the **MCREA** of Wharton, and the **Morris Area Freewheelers** collectively supplied us with over 1,600 pounds of food!

The employees of **Pricewaterhouse Coopers** in Florham Park continue to get creative in the various ways they support the Pantry. Pictured are **Pat Elmi, Kat Kollmer, and Nicole Ayala**, who organized a pot-luck luncheon and sold tickets to their colleagues. They collected \$312 for the Pantry!



The employees of **Daiichi Sankyo** in Parsippany teamed up to show their support (650 pounds of food and \$617), as did our friends from **INTTRA** (260 pounds), and **Stephen Gould Corporation** (523 pounds). **Verizon Wireless** helped our new moms with a collection of diapers and wipes.

## Check this Out

### Help Us Win \$250K for our Harvesting Miracles Capital Campaign through the Pepsi Refresh Project!

Pepsi is giving away millions to fund great ideas through the Pepsi Refresh Project, and IFP is developing our submission for a \$250,000 grant to help fund our building campaign. You can help us, and it won't cost you a thing! Register for an email alert when our idea is posted to their website, and for weekly email reminders. You can vote for our submission once per day. Help us build support and ask your friends, family, and co-workers to sign up too!

To sign up, email Carolyn at [carolynlake@mcifp.org](mailto:carolynlake@mcifp.org).

Include your name and email address and put "Pepsi Refresh" in the subject line. *Please note that we respect your privacy and will not share your email with anyone, nor will we use it for any other purposes except this project.*



### United Way

We have received a number of calls asking about our participation in United Way's annual campaign. Although we are not an official member of **United Way**, you can designate the Interfaith Food Pantry to receive your funds by writing *Interfaith Food Pantry, Morristown* on your enrollment form. We currently get funds from employees at Deloitte & Touche, BASF, IBM, Johnson & Johnson, JPMorgan, Merrill Lynch, UPS, Colgate, AT&T, General Electric, Wyeth, Sovereign Bank, Ceridian, Linde North America, One Check, Novartis, Wells Fargo, KPMG, Hearst, and Reckitt Benckiser. Thanks to all of you for thinking of us.

### Jersey Fresh!

We've had a bounty of fresh, locally-grown produce this summer! Through the incredible efforts and creativity of many, our clients have been enjoying an amazing variety of vegetables, including lettuce, kale, collard greens, swiss chard, arugula, beets, radishes, and more.

In May **Susan Cohan** of SusanCohan Gardens in Chatham, a boutique landscape design firm, created a working vegetable garden at the Mansion in May Designer Showhouse and Gardens in Harding Township. The garden was beautiful and edible! Susan harvested and delivered all the vegetables from the garden to the Pantry.

**Tess Clarkin**, 14, of Morristown and **Laura Tecza**, 13, of Whippany also began planting in early spring. For their Silver Award project, the second highest award in Girl Scouting, they researched, planned, and planted two 4 x 20 garden plots in the Children's Garden at the Frelinghuysen Arboretum. They continue to weed, water, harvest, and deliver their vegetables to the Pantry. In addition, they gather "surplus" produce from other community gardeners at the Arboretum and deliver it to IFP.



**Pete Nitzsche of the Morris County Cooperative Extension and Master Gardener Stan Nathanson instruct IFP clients on how to assemble, plant, and maintain containerized gardens to grow their own vegetables.**



**Beets sprout at the Urban Farm at Lafayette in Morristown.**

**The Urban Farm at Lafayette**, part of **Grow It Green Morristown**, is located behind the Lafayette Learning Center in Morristown, and is in its first growing season. Partnering with the Morris School District, the farm is an agricultural teaching garden, and quickly becoming an important part of the Morristown community. They harvest twice a week and deliver the produce directly to our Speedwell Avenue distribution location.

**Kraft Foods** in East Hanover, working with Urban Farming in Detroit, has worked to establish "HomeGrown" gardens across the country. Locally they created a garden on their East Hanover campus. Volunteers from IFP help tend the garden, and the Pantry benefits from the harvest!

**The Mendham Interchurch "Garden of Hope"** is in its second year of growing produce for the pantry. The garden is located at the Community of St. John Baptist and is producing even more than last year!

**St. Mark Lutheran Church in Morristown** also started gardening for us last year. They liked the idea so much, they received a grant to expand the garden. Their garden, St. Mark's Giving Garden – Where God's Love Grows, is producing beautiful produce for the Pantry again this year.



**The Home Grown Garden at Kraft Foods in East Hanover produces tomatoes and other fruits and vegetables with the help of IFP volunteers Shannon Murphy and Arthur and Alex Hedge.**

# Volunteer News

## Welcome!

**Jennifer Ahrens** – home delivery  
**Franklin Atkins** – home delivery  
**Kenny Bessler** – food distribution  
**Ian Brite** - IT  
**Leanny Cascante** – translation  
**Bill and Sue Caso** – home delivery  
**Marnie Drury** – home delivery  
**Arthur and Alex Hedge** – gardening

**Grace Kelly** – home delivery  
**Julia Klejmont** - distribution  
**Matthew Mead** – distribution  
**Roberto Saez** – home delivery  
**John Schlitt** – home delivery  
**Hank Schram** – warehouse  
**Bev Swayne** – home delivery

We said farewell to our friends **Cindy and Sarah Lafferty**, who relocated to the Midwest, and to **Jaime Reyes**, who is headed back to McGill University. Our very best wishes to all of you!

## Pot Luck

Mark your calendars for **Thursday, October 21** for our annual volunteer appreciation pot-luck dinner at Trinity Lutheran Church in Morris Plains. Many of you have reached milestones and are deserving of a little roast, so to speak. Please bring your favorite dish to share. All of our volunteers are invited; watch your mail for your “official” invitation. Hope to see you there!

## Help Wanted

We’re still slotting folks in to work the **Rotary Family Festival** on September 9-12th. Contact Victor at ext. 17 or visit our website for details.

The **Action Against Hunger Food Drive** will take place on **Sunday, October 3**. We need volunteers in groups of 4-6 people to man area grocery stores during the afternoon to collect donated groceries from shoppers. Great project for groups: scouts, schools, clubs and civic organizations. Contact Doug at ext. 18 for information.

Volunteers are also needed to help man our booth at the **Fall Festival on the Green**, also on **Sunday October 3rd**. Contact Victor at ext. 17.

We are also seeking volunteers for our **Turkey Trot** on Thanksgiving morning to assist with registration, kids activities, water stations and more. The schedule and sign up sheets will be posted to our website soon so check back often.

Lastly, we need several delivery volunteers to serve homebound clients in Denville, Whippany, Parsippany, Budd Lake, Flanders and Pequannock. Contact Doug at ext. 18 for more information.

## A Gift for all Occasions

In addition to being ideal gifts for Christmas and Hanukkah, **tribute cards**, which acknowledge a donation you have made in the recipient’s name, are appropriate for many occasions. Use them to say happy birthday, happy anniversary, thank you, or get well. They are also appropriate for a bar mitzvah, bat mitzvah, wedding, birth, or as a memorial. If you don’t know what sort of present to get someone, a tribute card is a great solution. It will be appreciated by friends and family, colleagues and neighbors, teachers and coaches. It is a gift that will certainly be used, as your donation will help us purchase food for those in need. If you would like more information about this program or to send a tribute, please call us at 973-538-8049 or use the enclosed form. Forms are also available at [www.mcifp.org](http://www.mcifp.org), where you can use a credit card. An acknowledgement will be sent to you, as well as the recipient, and all donations are tax-deductible.

## Corporate Volunteers

Our thanks to the employees of **Solix, Inc.** of Whippany, as well as our friends at **JCP&L** in Morristown, who spent time with us this summer to help restock our distribution center and assist with various projects.

Corporate volunteerism not only helps us, but is also a great team building exercise and promotes employee satisfaction. If you have a group of 6-12 people that would like to spend a Friday morning or afternoon doing volunteer work, please contact Doug at [dougmcMahon@mcifp.org](mailto:dougmcMahon@mcifp.org).

## Volunteer Advisory Committee

Our new volunteer advisory committee met for the first time on Wednesday, August 4. The main focus of their two-hour brainstorming session was how to make your volunteer experience with us a rewarding and positive one. The committee is made up of eight volunteers from various areas, who have offered to help us shape our volunteer program and serve as volunteer liaisons. The members are:

**Ed Antal**—warehouse  
**Marnie Drury**—home delivery  
**Laura Fritsch**—distribution  
**Gail Lingerman**—distribution, delivery, events  
**Meghan Pergentile**—distribution, events  
**Kathy Sisler**—warehouse, events  
**Fran Spicer**—distribution, events  
**Celeste Stracco**—distribution, youth tours, delivery, events

The group has some wonderful ideas on ways to keep us all connected and are available to you as an *additional resource* if you have ideas, questions, or problems.

If you would like contact information for any or all of the group, call Doug at ext. 18, or Carolyn at ext. 11.

## Board of Trustees

*Meets 7 p.m. on third Wednesday of the month*

**Russ Hall**, president  
**Ann Marie Manahan**, vice president  
**Wendy Potkay**, secretary  
**Stuart Wiet**, treasurer  
**Rob Baumeister**  
**Rachel Cushing**  
**Igor Fastov**  
**Bruce Galton**  
**Mike Hanly**  
**Karen Jones-Williams**  
**John Kraeutler**  
**Chris MacDonald**  
**Pam Palumbo**  
**Francisco Parra**  
**Greg Supron**  
**Rosemary Gilmartin**, executive director

## Staff

**Carolyn Lake**, assistant director  
**Doug McMahon**, volunteer coordinator  
**Scott Lawton**, food and facilities manager  
**Diana Garcia**, distribution manager  
**Liliana Henao**, client services manager  
**Dana Haddorff**, office manager  
**Katy Galton**, nutrition educator  
**Victor Cataldo**, operations assistant  
**Tony Avilles**, warehouse assistant

## Hours

### Food Drop-off, Tours & Visitors - Warehouse

540a W. Hanover Ave., Morristown  
Monday - Thursday 9:30 a.m. - 4:30 p.m.

### Food Distribution - Pantry

190 Speedwell Ave., Morristown  
Tuesday 9:30 a.m. - 12 p.m.  
Wednesday 9:30 a.m. - 12 p.m.  
Thursday 9:30 a.m. - 12 p.m. & 1 - 3 p.m.

### Food Distribution - Warehouse

540a W. Hanover Ave., Morristown  
First four Tuesdays of each month 6 - 8 p.m.  
First four Wednesdays 6 - 8 p.m.  
First four Saturdays 10 a.m. - 12 p.m.

## Calendar

### Monday, Sept. 27

Golf Outing, Mount Tabor Country Club

### Sunday, Oct. 3

Action Against Hunger food drive  
Fall Festival on the Morristown Green

### Thursday, Oct. 21

Volunteer Recognition Dinner

### November

Thanksgiving Basket program

### Thursday, Nov. 26

Turkey Trot 5K

### Friday, March 25

Spring Gala  
Crystal Plaza, Livingston, NJ

## Statistics

*January through July*

**396,235**

# pounds of food distributed,

**11,728**

# visits for food

**2,701**

# of households served to date

**6,391**

# of people fed to date

**128**

# of households provided home delivery

**7,961**

# of hours volunteers donated to date

## Our Mission

- ▶ Distribute supplemental and/or emergency non-perishable food to eligible Morris County residents in need.
- ▶ Provide hands-on opportunities for neighbors to help neighbors.
- ▶ Educate the public about the issues of hunger in our area.

*If you are holding a  
food drive, please let  
us know in advance so  
we can be prepared.  
Thanks to all!*



Return Service Requested

Interfaith Food Pantry  
540a W. Hanover Ave.  
Morristown, NJ 07960