



"neighbors helping neighbors"



2022 Annual Report



BY THE NUMBERS



1,704,668

lbs. of food distributed



1,549,698

meals provided



741,925

lbs of produce distributed



31,167

household visits



35

Network Partners

Dear Friends,

Welcome to our 2022 Annual Report. Thanks to you, we were able to provide food security to another record number of individuals and families in our community last year. These included low-income workers, seniors living on fixed incomes, and families struggling with economic hardships due to rising inflation and the end of pandemic-era benefits. Your support helped us accommodate over 31,000+ household visits and distribute more than 1.7 million pounds of food! This represented a 23% increase in visits to our pantries as well as an increase in the number of community partners we served.

In May, we completed the construction of our 720 sq. ft. cold storage unit which increased our capacity for acquiring and storing healthy and fresh items such as produce, dairy and proteins by 550%. This also provided us with the capability to expand our food rescue program and add new grocery partners.

We also began “Phase II” of our strategic capacity building projects by expanding our “Healthy Choices Marketplace” and client welcome area. The expanded marketplace will once again make it possible for our clients to “shop” in a safe and welcoming environment. The marketplace will empower clients to choose foods that they know their families will use, eliminating waste while accommodating dietary needs and preferences. It will also create a greater sense of community for clients, volunteers, and staff to connect, allowing us to identify opportunities to assist guests in additional capacities and make referrals to other community resources.

We also expanded our community partner network from 31 to 35 agencies. These include smaller pantries, senior housing units, and mobile outreach programs that help extend our reach across Morris County. We saw a 35% increase in the number of people served by our Mobile Pantry, and our emergency food program, which provides temporary assistance and help for families in crisis, grew by 300%.

This kept our dedicated family of volunteers extremely busy throughout the year. 271 volunteers including individuals and families, as well as youth, corporate and civic groups, donated over 20,000 hours to our organization.

Our volunteers demonstrated the spirit of neighbors helping neighbors by helping sort, stock and distribute food, deliver to homebound seniors, assist with Mobile Pantry deliveries, volunteer at Farmers Markets, and help with fundraising efforts. Many of our volunteers reached milestones this year from 100 to 1,000 to 10,000 hours.

Our Mission

- To improve the health and well being of Morris County residents in need by providing access to food, nutrition education and related resources;
- To provide hands-on opportunities for neighbors to help neighbors;
- To educate the public about the issues of hunger in our area.

The extraordinary support we received from the community over the past two years enabled us to weather the storm during the pandemic. Though food and financial donations have returned to more moderate levels, the need for our services is higher than ever. Yet we are confident we will continue to meet the needs of our community thanks to you. On behalf of the clients, board, staff and volunteers, thank you for providing nutrition, comfort and support!

Warm regards,



Carolyn

FROM HUNGER TO HOPE



Prior to becoming clients, Donna was a stay-at-home mom of three children with special needs and her husband Kevin, worked two jobs as an auto mechanic by day and EMT at night. However, when Kevin developed complications from knee surgery, he had to go on short-term disability. Due to a mix-up in applying for disability, he went four months without receiving benefits. During that time, the family fell behind on their mortgage payments and since they didn't have any income coming in, they put all of their living expenses on their credit cards and ended up in debt.

They were in danger of losing their home, when they reached out to the IFPN for help. "You know, no one ever plans on being in dire situations and having to go to a food pantry. I was embarrassed and felt like such a failure. My first time visiting the IFPN I was so nervous but it turned out to be a pleasant experience. Everyone was so nice to me and made me feel at ease, they treated me with kindness, compassion and understanding. They alleviated my fears and embarrassment."

During the time Kevin couldn't work, "The Pantry gave us support and good, quality food, especially fresh produce, milk, eggs and meat. We could never afford this and God only knows what would have happened to us." Today, Kevin is back to work, and Donna is taking workforce development classes. Their 15-year-old daughter enjoys cooking which serves as an outlet for her emotional and medical issues. She takes advantage of all the recipes and nutrition information she receives and aspires to do more as she gets older. "She came with me to the cooking demonstrations where I think she picked up the skills. This has helped her in so many ways." Thanks to the IFPN, the money they save on groceries including the fresh produce from the farmers markets and school supplies helps them pay other bills. Donna says she will never forget all the kindnesses bestowed upon her family, and how the IFPN staff helped connect her with resources beyond food. "The staff took the time to sit down with me and review my options for other services that I didn't know existed. The IFPN goes the extra mile for you. Thank you my little angels!"

The Interfaith Food Pantry Network (IFPN) is the largest and most relied upon resource for emergency and supplemental food among Morris County residents in need. IFPN employs innovative approaches to hunger and food insecurity that improve the health and well-being of individuals and families by providing access to nutritious food, education, and related resources. The IFPN operates food pantries and also partners with other agencies across the County to foster a culture of volunteerism and educates the public about the issues surrounding food insecurity.



ADVANCING THE HEALTH AND WELL-BEING OF OUR CLIENTS

ADVANCING



Healthy Choices Marketplace and Resource Center Programs

Our core programs are aimed at improving the health and well-being of Morris County residents in need by providing nutritious food and connecting people to resources that promote self-sufficiency.

Healthy Choices Marketplace

1,111,554

pounds of food distributed

During 2022, we maintained curbside distribution while we began construction on our new Healthy Choices Marketplace at our main resource center. We gave our clients "menus" to choose the foods that accommodated their dietary preferences.

Home Delivery

97,122

pounds of food delivered

Ninety-six volunteers made 1,446 visits to 160 homebound clients across Morris County, providing nourishment and companionship to the elderly, disabled and isolated

Food Rescue

257,395

pounds of food rescued

We expanded the number of "food rescue" partners in 2022 to acquire food that can no longer be sold but is still safe for consumption, which reduces waste and provides high quality foods to families in need.

Free Farmers Markets

196,778

pounds of food distributed

In addition to receiving fresh produce during their monthly visits, we offer Free Farmers Markets in between visits to our guests and those of three Pantry Partners. This ensures clients have access to enough nutritious produce to stay healthy over the course of the month.

Custom Food Programs

46,123

pounds of food distributed

We partner with community agencies such as Zufall Health, Family Promise, Head Start and others that have specific needs such as food for prevention of diabetes, childhood obesity, healthy snacks for children and grab-and-go foods for individuals and families experiencing homelessness.

Thanksgiving Program

51,101

pounds of food distributed

In 2022, we distributed a record 2,160 holiday baskets including a turkey and all the trimmings to our IFPN clients and to a number of community agencies including JBWS, Hispanic Affairs, Morristown Housing Authority, DAWNcil, NORWESCAP and many others.



EXPANDING OUR NETWORK TO REACH MORE PEOPLE

EXPANDING



Mobile Outreach Programs

Our mobile programs use a network of private and public agencies including smaller food pantries, senior housing units, county nutrition sites, and colleges and universities to expand access to nutritious food.

Pantry Partner Programs

115,141

pounds of food distributed

We partnered with 10 community-based food pantries to provide them with healthy food otherwise not accessible to their clients such as produce, milk and eggs, and extra dry goods to fill in when they run low. We accommodated an additional 4,767 family visits by partnering with these agencies.

Emergency Food Access

33,896

pounds of food delivered

We provided emergency food relief to individuals and families on a walk-in basis or through a network of community partners for those needing a bridge to regular enrollment and families staying in temporary shelters. These included the Morris County Offices of Temporary Assistance, Navigating Hope, Hope One, Zufall Clinic and MCOHA

Friendship Bag Program

8,635

pounds of food distributed

In partnership with the Morris County Department of Human Services, Division of Aging, Disabilities and Community Programming, we offer bags of senior-friendly supplemental foods that require little or no preparation for low-income seniors receiving prepared meals from the County Nutrition Program.

SUN Bag Program (Senior Umbrella Nutrition)

84,868

pounds of food delivered

We worked with ten senior housing sites to deliver bags of senior-friendly foods, including fresh produce and dairy, accommodating an additional 3,201 household visits.



**EMPOWERING PEOPLE
THROUGH EDUCATION AND RESOURCES**

EMPOWERING



Wrap Around Services

These programs address root causes and effects of food insecurity by connecting clients with wrap-around services and nutrition education.

Healthy Choices Nutrition Education

Understanding that lack of access to sufficient amounts of nutritious food can result in diet-related health issues, our Nutrition Education programs are aimed at providing our clients with tools and information that help them make good nutrition choices.

Kitchen 2 Table

We continued to provide healthy, home-cooked microwaveable meals for our home delivery clients thanks to a team of volunteers from the Notre Dame of Mt. Carmel Food Rescue Ministry.

Family Self-Sufficiency

Provides referrals to community agencies that help clients obtain transportation, housing assistance, benefits enrollment, healthcare and more.

Community Teaching Garden

While our own garden was not in use in 2022 due to construction, we partnered with the Morris County Park Alliance to continue to engage our volunteer groups to grow healthy foods and provided clients with plants and herbs.



INFORMING AND ENGAGING THE COMMUNITY

ENGAGING

Community Engagement

These programs are aimed at informing and engaging the community about the issues affecting hunger in our neighborhoods and offers opportunities to make a difference. Community involvement is a critical component to ending hunger.

Volunteer Program

20,607
hours donated

271 "staff" volunteers with regular assignments completed tasks such as food sorting, stocking, distribution and office work. Additionally, 68 groups including corporate, civic and school groups performed a variety of tasks such as staffing our Free Farmers Markets and general warehouse work.

Advocacy

Working with our anti-hunger partners as well as leaders on the municipal, county, state and federal levels, we help shape and promote policies that help provide food security for all.

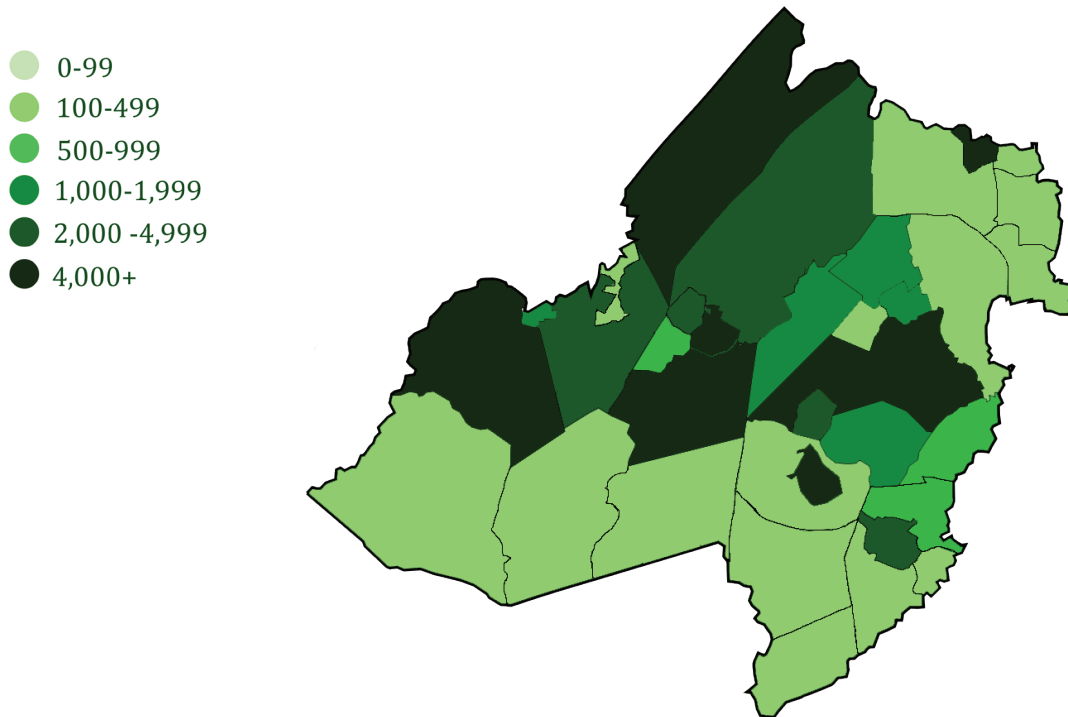
Youth Education

We engaged young people involved with their schools, houses of worship, and scout groups and provided experiential learning opportunities that helped them understand the importance of food security for healthy and productive communities.

Corporate Social Responsibility

We offered our corporate partners meaningful ways to engage their employees through volunteerism, food drives, and participation in fundraising events and team-building activities.

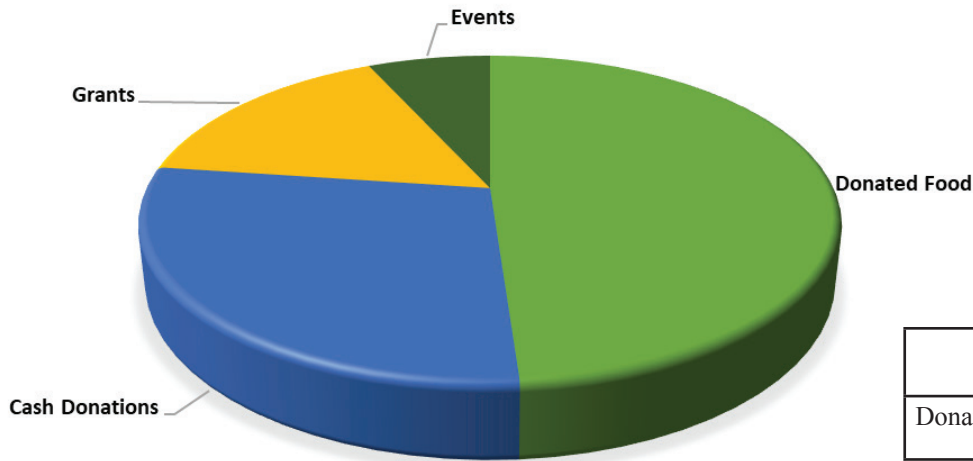
MORRIS COUNTY HOUSEHOLD VISITS BY TOWN



MOBILE OUTREACH PARTNER SITES



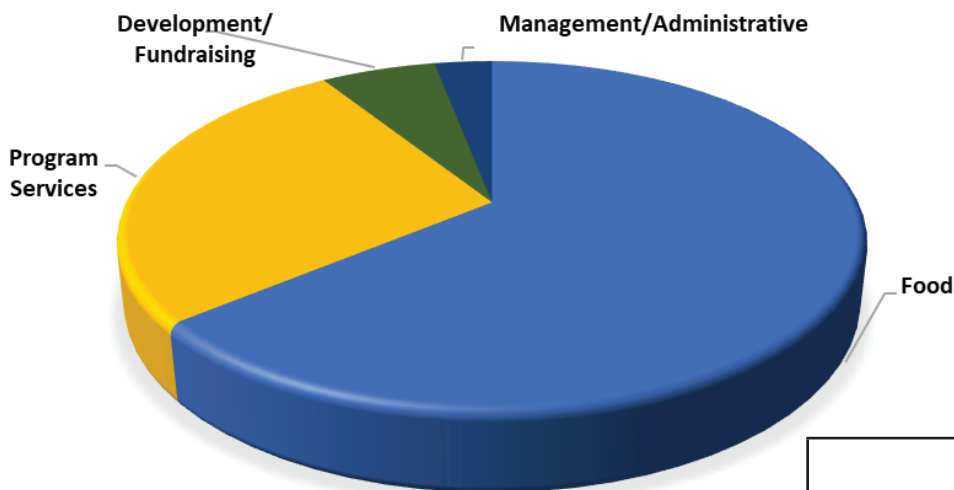
2022 INCOME



Note: 2022 income includes unrestricted contributions and grants for food and operating expenses, as well as restricted funds for capital improvements. At the end of 2021, the IFPN Board of Trustees designated a portion of unrestricted income for specific strategic purposes such as program expansion, emergency food purchases, vehicle replacement and capital improvements. Our audited financial statements with detailed information, as well as our IRS Form 990 are available to the public and may be obtained by contacting us at interfaithfoodpantry@mcifp.org or calling 973-538-8049.

2022 Sources of Income		
Donated Food	\$3,170,292	49 %
Cash Donations	\$1,835,435	28%
Grants	\$1,039,716	16%
Events	\$441,664	7%
Total	\$6,487,107	
*Does not include in-kind equipment or investment income		

2022 EXPENSES



2022 Expenses		
Food	\$ 3,660,403	60%
Program Services	\$ 1,979,090	32%
Development/Fundraising	\$ 333,498	5%
Administrative	\$ 153,552	3%
Total	\$ 6,126,543	

With thanks to our donors....

\$250,000

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\$100,000+

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Wegmans-Hanover

25,000-99,999

Alstede Farms
 Notre Dame of Mt. Carmel Church
 Pepperidge Farm Inc.
 Stop & Shop - Madison
 Stop & Shop - Morris Plains

10,000-24,999

Kings Food Market - Morristown
 Township of Hanover

5,000-9,999

America's Grow-A-Row
 Church of Christ the King
 Coldwell Banker Real Estate
 Delbarton School
 Packageman
 ShopRite of Chester
 Uncle Giuseppe's Marketplace

2,500-4,999

Boy Scout Troop 25
 Corwin Family Foundation
 Girl Scouts of America -
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 Kings Food Market - Florham Park
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 Mendham Commons Social Committee
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 SEWA Diwali
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 St. Virgil Parish
 Torey J. Sabatini Elementary School
 Troop 173
 United Methodist Church at Mt. Tabor
 Wagner Farm Arboretum - Giving Garden

1,000-2,499

Academy Street Elementary School
 Assumption School
 Atlantic Health System
 Boy Scout Troop 41
 Calais School
 Calvary Presbyterian Church
 Central Avenue Elementary School
 Chester Boy Scout Troop 139
 Cub Scout Pack 233
 Denville Township - Social Services
 Ericsson Industries
 Family Promise

1,000-2,499 (Cont'd)

FM Global Foundation
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 Suburban Propane LP
 Ted Largman Community Garden at
 Vallevue
 Township of Denville
 Township of Morris - Senior Citizens Club
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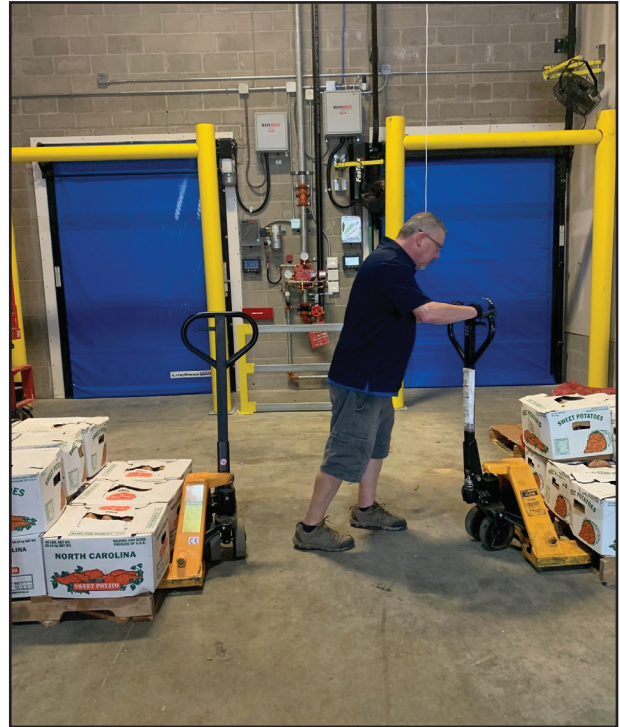
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Free Farmers Market 2 Executive Drive



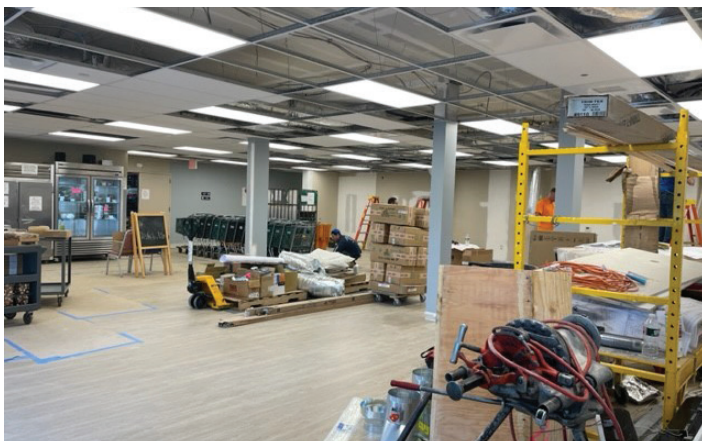
New Refrigeration/Freezer at 2 Executive Drive



Senior Center Clients



Morris County Sheriff's Department Hope One Mobile Unit



Construction of the Healthy Choices Marketplace



Board Members Chris MacDonald and Helen Hallberg

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Shana Baer, director of development
David Bean, facilities superintendent
Joanne Rinaldi Brashier, grants manager
Katy Galton, nutrition educator*
Diana Garcia, client services associate*
Zoe Garcia, client services associate
Liliana Herrera, programs director
Carolyn Lake, executive director
Liz Laverty, office assistant*
Meg Manbretti, IT manager/database
Patrick Mitchell, mobile program coordinator

Julia Murtha, special events coordinator*
German Ortiz, client services assoc./office coordinator
Wendy Potkay, director of finance
Kiley Powell, education coordinator*
Jessica Revolorio, client services associate
Jon Schenk, director of operations
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Jim Sillence, mobile program/warehouse support
Steve Stockert, warehouse support*
Jayne Wenner, volunteer coordinator
Bill Zackoff, procurement
*part-time

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