

Food Donation Guidelines for Retailers, Wholesale Distributors and Households

Retailers and Wholesales Distributors - best practices



All the food that you could no longer sell but is till viable to eat: process which we call "gleaning" or "food rescue"

- Keep items packaged separately: same category, same box/crate.
- Inspect product for mold, severe bruises or flesh cuts. Discard any that may be compromised with bacterial contamination.
- Inspect packaging to ensure it has not been compromised, open or heavy dented.
- Keep refrigerated items cold until they are delivered or picked up. Do not leave at room temperature for more than 1 hour.
- Product should always be labeled with ingredients.
- Unpacked or Open ended bread cannot be distributed per health department guidelines

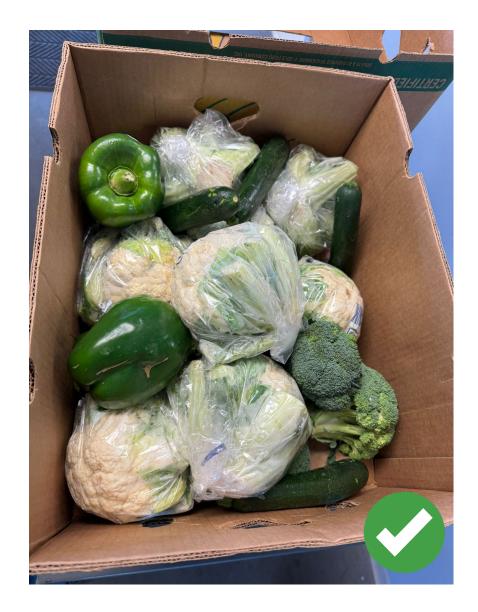














































Example of Acceptable Dented Cans:



Dented without sharp edges or creases and not over seam



Examples of unacceptable cans- DO NOT USE



Missing or unreadable label



Sharp dents in top seams or



Severe dents affecting the side and/or end seams



Sharp dents in the sides that prevent stacking of cans



Sharp dents parallel to the rim



Rust that causes pitting or that cannot be rubbed away



Two dents that come to a point



Shelf Life after code date



Foods St	helf Life After Code Date
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	Silen Elle Alter Code Date	
Baby Cereal - Dry	Expiration date on package	
Baby Food - jars	Expiration date on package	
Baby Formula	Expiration date on package	
Bacon bits - imitation	4 months	
Baking mix - pancake	9 months	
Baking mixes - Cake, Cookie, Muffin, Brownie	4 months	
Baking powder	6 months	
Baking soda	18 months	
Beans - canned	2 years	
Beans - canned in sauce	2 years	
Beans - dried	1 year	
Bread crumbs	10 months	
Broth - All	2 years	
Candy - caramel	9 months	
Candy - chocolate covered bars	18 months	
Candy - hard	36 months	
Cereal - hot or cold / Granola	1 year / 6 months	
Cheese - Parmesan	6 months	
Chocolate - baking & chocolate chips	1 year	
Cocoa-baking, powder, unsweetened	indefinitely	
Cocoa mixes, dry, powdered, sweetened	36 months	
Coffee - ground, powder, unsweetened	2 years	
Coffee - instant & whole bean or vacuum packed	1 year	
Coffee creamer - liquid shelf stable	9 months	
Coffee Creamer - Powdered	18 months	
Cookies	4 months	
Cornmeal - regular	1 year	
Crackers - Matzoh / Graham, Animal	8 months / 6 months	
Drink - Ensure, Glucerna, Similac	Expiration date on package	
Extracts - lemon, vanilla etc.	3 years	
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Fish - salmon, tuna, sardines	2 years
Flour - white	8 months
Flour - whole wheat	1 month
Frosting - canned	10 months
Frosting - mixes	8 months
Fruit - dried	6 months
Fruit (cans & jars: also applesauce & cranberry sauce)	18 months
applesauce	12 months
Granola Bars	6 months
Gravy - Dry mixes, jars, and cans	2 years
Hamburger Helper casserole mixes	9 months
Herbs - dried	1-2 years
Honey	1 year
Iced Tea - dry mix	2 years
Instant Breakfast (Dry)	6 months
Instant Breakfast (Liquid)	Expiration date on package
Jello - flavored	18 months
Jelly & Jam	1 year
Juice - bottle / canned / shelf stable conc.	9 months / 1 year / 6 months
Juice - boxes	4 months
Ketchup - bottle or packet	1 year
Macaroni & Cheese Mix	1 year
Marshmallows	3 months
Mayonnaise: Jar, bottle, or packet	3 months
Meat - canned beef, chicken, pork, turkey	2 years
Milk - evaporated	1 year
Milk - non-fat dry	1 year
Milk - Parmalat	6 months
Milk - Rice, soy ,almond milk, shelf stable	1 month
Milk - sweetened condensed	1 year
Molasses	1 year
Mushrooms - dried	6 months
Mustard - Jar, bottle, or packet	1 year

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Shelf Life after code date



Nutella	3 months
Nutrisystem Meals	Expiration date on package
Nuts - in shell & shelled in bag	6 months
Nuts - jars & can	1 year
Oils - olive & vegetable	6 months
Olives	18 months
Pancake mix	9 months
Pasta - All Dry	2 years
Pasta - canned w/ tomato sauce	18 months
Peanut butter	9 months
Peanut butter - Natural	1 month
Pet Food - Dry	3 months
Pie Filling	2 years
Pet Food - Canned	1 year
Pickles	1 year
Popcorn - Kernels in a jar	2 years
Popcorn - Microwave packets	1 year
Popcorn - popped and bagged	2 months
Potato chips	2 months
Potatoes - instant	1 year
Pretzels	6 months
Pudding - mixes	1 year
Pudding - prepared shelf stable	1 week
Rice - Brown	6 months
Rice - mixes flavored or herb	6 months
Rice - Precooked Microwaveable	BB Date only
Rice - White & Wild	2 years
Rice - Pre-cooked	Expiration date on package
Salad dressings - Bottles	1 year
Salad dressings - Dry Mix, Dip mix	1 year
Salsa - Bottled	1 year
Sauce - Barbecue sauce (bottles)	1 year
Sauce - Soy	2 years

Sauce - Spaghetti, canned & jarred	12 months
Sauce - Tomato	12 months
Sauce mixes - Cream sauces with milk solids	6 months
Sauce mixes - Nondairy, Spaghetti, taco	2 years
Sauerkraut	12 months
Shortening - solid	1 year
Soda - bottles	3 months
Soda - Diet cans	3 months
Soda - Regular cans	9 months
Soup (except tomato)	2 years
Soup - dry mixes and bouillion	1 year
Soup - Ramen noodles	6 months
Soup - Tomato	12 months
Spices - Ground	2 years
Spices - Whole	3 years
Stew - canned	2 years
Stuffing mix	1 year
Sugar - Brown	2 years
Sugar - Confectioners	2 years
Sugar - granulated	Indefinitely - discard if hard
Sugar Substitute	2 years
Syrup - chocolate	2 years
Syrup - pancake & maple	1 year
Taco shells (hard)	1 year
Tea - bags	18 months
Tea - instant	2 years
Tea - loose leaf	2 years
Toaster pastries (Pop-Tarts)	6 months
Tomatoes - crushed,paste,stewed,whole, diced,sauce	12 months
Vegetables - canned - except sauerkraut	2 years
Vinegar	2 years
Water	Indefinitely
Worcestershire sauce	1 vear
Yeast - dry packets and jars	Use-by-date

From The Interfaith Food Pantry

Katy Galton RD

From The Interfaith Food Pantry
Katy Galton RD
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Healthy Choices- Good For You
973-538-8049



Bakery - Items on shelf past the date

Sliced packaged processed bread, rolls, baggels (Pepperidge Farm, commercial bread)	7 days
Crusty bread an rolls	2 days
Bagels	2 days
Cakes	3 days
Cookies	5 days
Cheesecake	3 days
Doughnyts	1 day
Muffins	3 days
Pastries	3 days
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Pies	
Fruit pies	1 day
Cream	2 days refrigerated
Meringue	2 days
Pumpkin	2 days refrigerated



- Food Product Dating. Food Safety and Inspection Service. USDA website.
 <a href="https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/food-labeling/food-product-dating/food
- https://www.foodsafety.gov/keep-food-safe/foodkeeper-app